

Global Health Partnerships Annual Report

2021-22



Dedicated to Providing Healthcare for the Very Poor

Global Health Partnerships (GHP) is a non-profit organization (501c3) that provides medical care and humanitarian aid to the very poor in rural Kenya with local community support. Our emphasis is on maternal and child health, child nutrition, and aid for the most impoverished families

Year in Review

Global Health Partnerships (GHP) has been providing health care and humanitarian aid in Kenya since September 2007. The Kenya project, called **the Kisesini Community Health Project**, consists of the Kisesini Dispensary, a maternity center, and the community projects that focus primarily on village-based maternal and child health. The project serves a population of approximately 50,000. We also support special surgical treatment, performed in Kenya, for selected patients. This report covers the GHP fiscal year of July 1, 2021-June 30, 2022.

Governance

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History of GHP in Kenya

The clinic in Kisesini was started by a Kenyan women's basket weaving co-op. The women saved some of their basket income to construct a rudimentary building in the village of Kisesini on donated land. GHP raised the funds to complete the facility and purchase equipment and supplies. As planned the clinic was designated a Government of Kenya (GOK) facility. GOK provides for the salaries of the nurses and some basic medicine and supplies. GHP supervises the training of a network of lay **Community Health Volunteers (CHVs)** who work in their villages to improve child health. This allows GHP to reach all who need care, no matter how remote. GHP purchases additional essential medicine and supplies, supports the laboratory and pharmacy on the campus, continues to train nurses and CHVs, and sends medical teams, when possible, to do volunteer work, teaching, and research. Support for personal protective equipment and COVID vaccine clinics has been particularly critical this past year. And now, with a beautiful new Maternity Center, the Kisesini Dispensary has been designated the **Kisesini Health Center**. Because of the talent and kindness of the Kenyan nursing staff, and the fact that GHP supports maternity care, keeps the pharmacy stocked, and provides emergency medical transportation, this clinic serves the population of eastern Kenya very well. GHP is the perfect partnership including the Kenyan Health Ministry, the wonderful Kenyan nurses who deliver care full time, and the board and supporters of Global Health Partnerships.



Clinical Services Expand: Kisesini is now a Health Center

The Kisesini Dispensary has now grown into the **Kisesini Health Center** as newly designated by the Kenyan Ministry of Health. Four nurses, a clinical officer, a laboratory technician, a pharmaceutical tech, a health records information officer, a driver, three housekeepers and a watchman all help to provide primary care services, including vaginal deliveries, at the Kisesini Health and Maternity Center. **John Mbae**, the nurse-in-charge, has been responsible for the expansion of maternity services and the new Health Center designation. John is also the volunteer coordinator of GHP projects. He is supervised by **Nicholas Mutuku**, the previous nurse-in-charge. The nurses live on the Kisesini Dispensary campus and provide 24/7 obstetrical care. They all have special obstetrical training sponsored by GHP.



During the 2021-22 fiscal year the Kenyan government has been unable to deliver the usual medications to the dispensaries and health centers. As a matter of fact, it has been two years since medications have been delivered. This makes the medications provided

by GHP even more critical to the health of the patients served.

During the 2021-22 fiscal year there were a total of 16,455 adults and children over age 5 seen in the dispensary. That is an average of 80 patients per day! There were 4,074 pediatric visits for children aged 5 and younger. This is a large increase in patient volume over last year's census. There were 195 vaginal deliveries of healthy newborn infants. Women needing C-sections or advanced medical care and infants requiring special resuscitation were transported to larger medical centers in the ambulance. This was a year when medications and supplies, including PPE, were difficult to find. As always, the staff at the Kisesini Dispensary made the most with what they had.



Special Cases

The Ambulance Saves Lives

GHP maintains an ambulance to provide emergency transportation of patients to a district hospital for a higher level of care. This includes the transportation of mothers for C-sections, infants for further resuscitation, critical patients, victims of trauma, including multiple trauma road accidents, acute illnesses and snake bite victims. The GHP vehicle is also used for emergency patient transport from remote villages to Kisesini, for pickup and delivery of medication and supplies, and to reach the remote villages for outreach clinics. Ambulance maintenance and repair are very expensive, running nearly a sixth of GHP's annual budget. Some day, soon, this vehicle will need to be replaced.



Because the Kisesini Health Center has such a good reputation for delivering medical care, patients with complex medical and surgical problems come a great distance for help. Most of the cases have been orthopaedic, cardiac, and endocrine. Expenses for patients who require specialist care or surgery at major hospitals in Nairobi are now partially paid for by a government health insurance program. GHP's financial contribution to this care was less than \$2,000 this past year, thanks to the new insurance system. Our expertise is invaluable.

It is so gratifying to *cure* a child suffering from rickets. The first step is to recognize this vitamin D deficiency as the debilitating disease it is. The next step is to make sure Vitamin D and Calcium are available. Then watch the child grow strong and tall!



The New Kisesini Maternity Center 2022!

The small Kisesini Maternity Center has been operational since March 2014, welcoming newborns with safe medical supervision. All the Kisesini nurses have a special interest in and training in obstetrics and newborn resuscitation. They offer obstetrical services 24/7. This year 195 healthy newborns were welcomed at the old maternity center. This was a record number of deliveries. This often resulted in three or more mothers in the two-room maternity center at one time.



Thanks to the vision and hard work of Head Nurse John Mbae there is now a beautiful new maternity center that can accommodate up to 12 women at a time in comfort and safety. The new center is more than twice the size of the old center and features an indoor toilet, cold shower, comfortable beds for labor and postpartum, and a new delivery coach. There is adequate space for newborn resuscitation and care. The floors are tiled and will be easy to keep clean. There is a private space for the laboring mothers to walk outdoors.



Services offered include excellent antenatal care, nutritional monitoring and support, and prevention of mother-to-child HIV. The new center features a kitchen where food can be prepared for the mothers. Nurse John has even planted a garden which is irrigated and will supply fresh green vegetables for the mothers after delivery.

Outreach Clinics



Outreach clinics deliver preventive health care services to the more remote villages of the catchment area where access to care is limited for many families. GHP supports weekend outreach clinics that focus on maternal and child health including immunizations for children, family planning services, prenatal care, and assessment and treatment of child malnutrition. The GHP outreach clinics are conducted on two weekends each month, staffed by the Kenyan nurses, and coordinated by the Community Health Workers. The services provided include immunizations, vitamin A supplements for children, deworming, and growth and nutrition assessment. Pregnant women are seen for prenatal care. During this past year a total of 1,630 patients were seen in two very remote villages, Syokisinga and Mekilingi. Most of these were children who received immunizations and nutritional assessment. Necessary food supplements are distributed at the time assessments are made. Despite the grueling day required of our nursing staff to conduct these clinics, this is truly one of our most cost-effective health programs. The outreach clinics deliver healthcare to people who would otherwise never have such care. The total expense of this program was \$1,328, not including medications, supplies, or vehicle expenses.

Food and Education for the Poorest



The Horn of Africa is now entering its fifth consecutive failed rainy season. There are no crops, for people or for their animals. Food prices have risen tremendously and are certainly out of reach for the poor farmers whose crops have failed season after season. As expected, drinking water is getting more and more difficult to find and is of poorer quality. There is no drinking water for the animals.

Children are evaluated for malnutrition at every encounter at the Kisesini Dispensary and the outreach clinics. We know the **cure for malnutrition!** Children found to be severely malnourished are treated with a high energy product called Plumpy'nut. Those with moderate malnutrition are treated with Plumpy'sup. These food products are provided free. GHP carefully follows these children until they have recovered and beyond.

Families who have fallen into extreme poverty are identified by the nurse-in-charge and are visited regularly by Victor Wamba, a member of the GHP local team. These families are affected by illness, disability, and death, often due to HIV/AIDS. To prevent starvation, they receive a monthly ration of staple foods. The cost of this food has risen exponentially. Food is getting scarce after such prolonged drought. School fees are also paid for the children in these homes. Fourteen percent of GHP's budget goes toward life-sustaining food and a quarter of the budget toward school fees. Keeping these poverty-stricken students in school is the best possible investment in their future. Our graduates have proven this over and over.



Community Health Volunteers Resume Newborn Visits



In Kenya the expected child mortality rate (the number of children who die before 5 years of age), most of which occur within the first week of life, is 52 deaths per 1,000 births. GHP has implemented a project of home visits, conducted by more than 65 specially trained Community Health Volunteers, for newborn infant evaluation. The CHVs visit the newborn infants 3 times during their first week of life, taking their temperature, counting their breathing rate, observing their feeding progress, and looking for early signs of infection. Prompt transportation and treatment is arranged as necessary. The program was on hold during the pandemic and now has resumed. This required re-training for the CHVs. This year 828 newborn infants were visited and 74 of them were referred by CHVs for acute illness. This program hopefully not only decreases neonatal mortality but decreases health service utilization and overnight hospitalization as well. The CHVs are paid a per diem of \$3.30 per visit, or about \$10 for all 3 newborn visits. Our annual expenses for this program were \$4,635 including the training sessions. It is our goal to expand this program as much as possible.



2021-22 Financial Review

GHP Income 2021-22

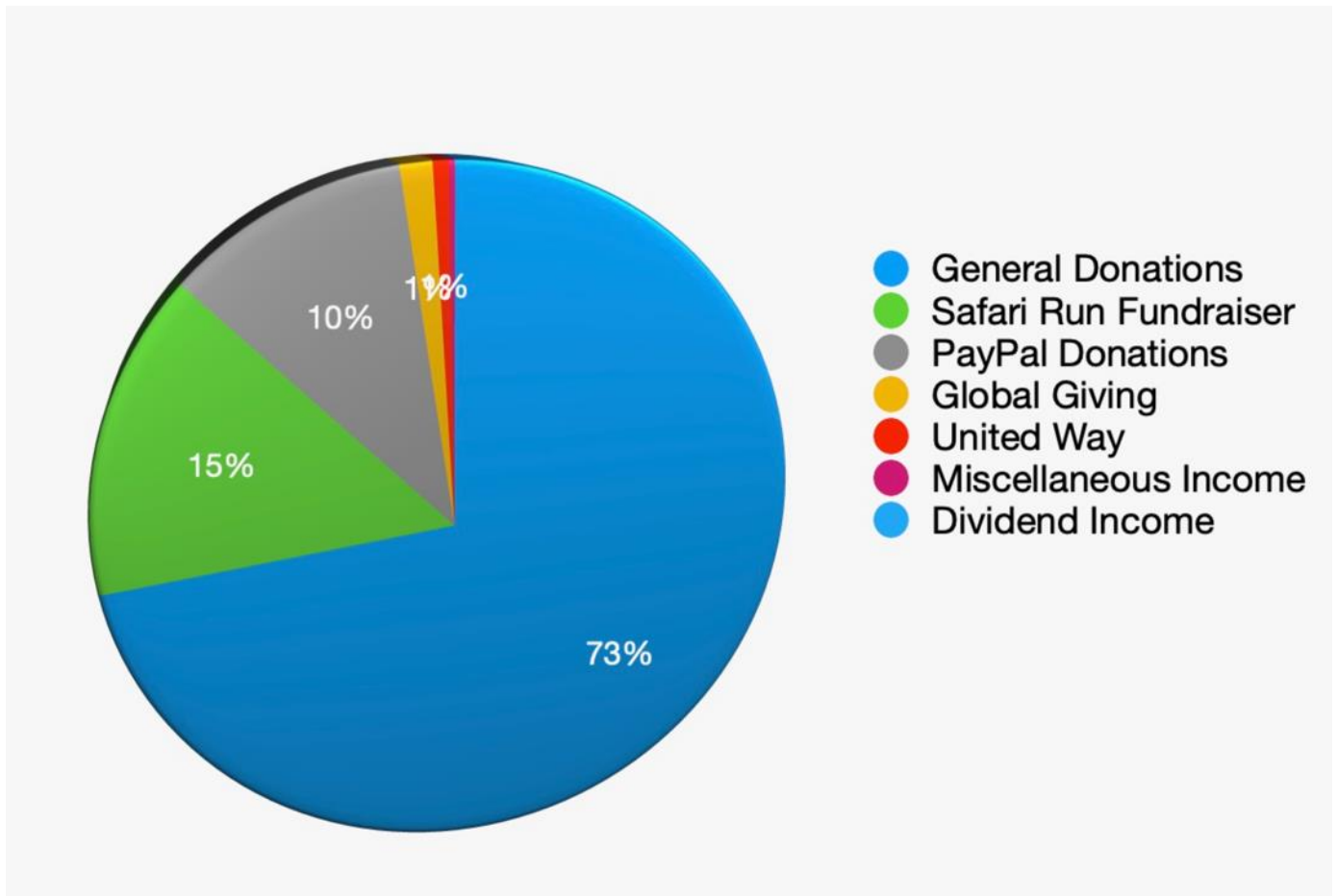
General Donations	\$80,691
Safari Run Fundraiser	16,174
Paypal Donations	11,503
Global Giving Donations	1551
United Way Donations	770
Misc. Revenue	279
Investment Income	7
	\$110,975

GHP Expenses 2020-21

School expenses for the poor	\$27,264
Medicine expenses	17,844
Food for the poor	14,139
Kisesini Health Center expenses	11,802
New Maternity Center 2022	11,158
Newborn Visitation Program	4,636
Auto repair/insurance	4,180
Auto gas	3,473
Nicholas/Victor expenses	2,851
Miscellaneous	2,572
Special Cases	1,825
Bank fees	1,583
Community Outreach Clinics	1,328
Building expenses	1,232
Volunteer expenses	1,083
Other costs	985
Postage/mailing service	276
Safari Run expenses	269
Office expenses	37
Business registration fee	20
	\$108,596

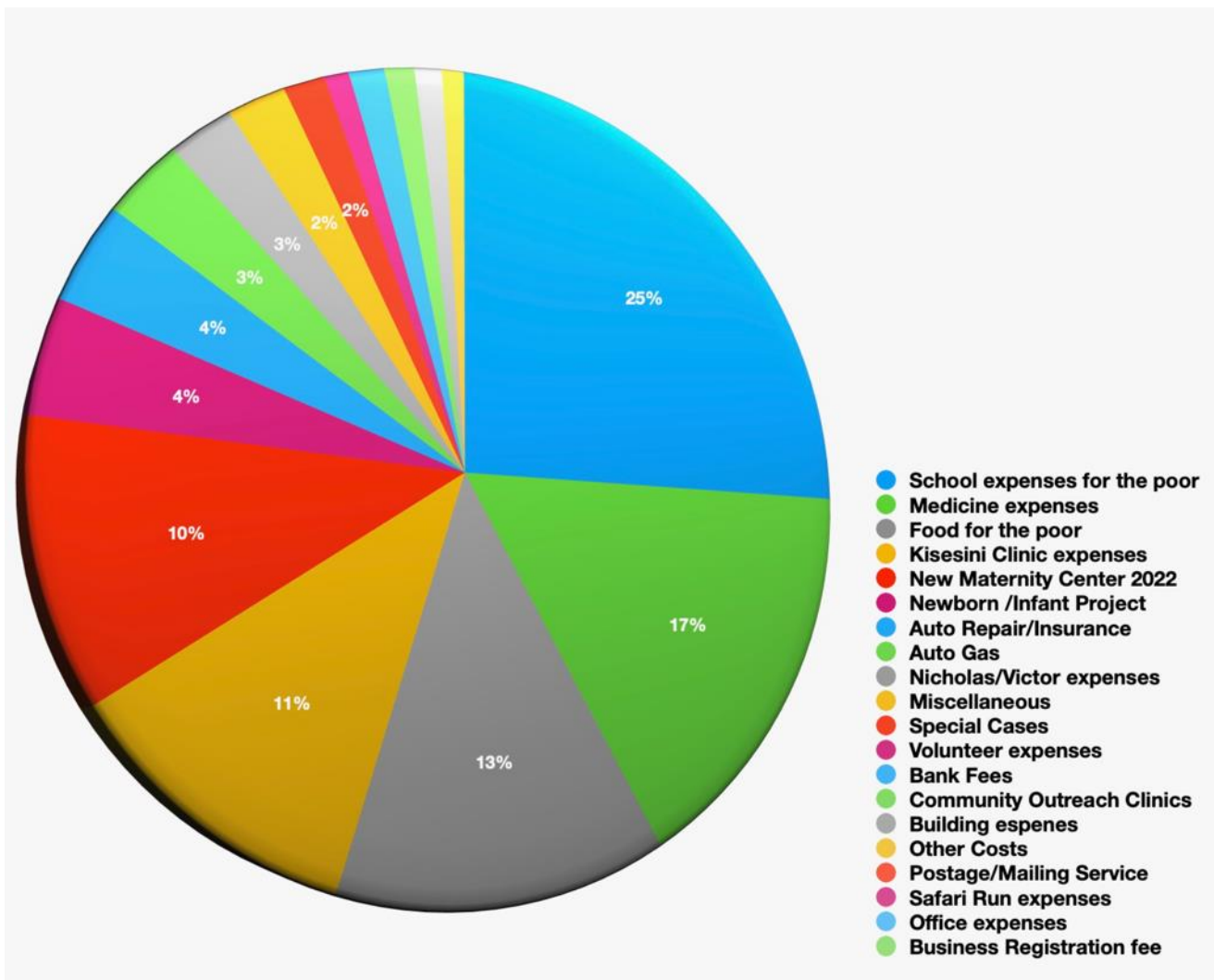
Global Health Partnerships Income

2021-22



Global Health Partnerships Expenses

2021-22



Global Health Partnerships, Inc.

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GHP is a 501c3 non-profit organization.

Our dream is to expand the services we support at the Kisesini Dispensary. We want every mother, child, and family within our service area to enjoy the best possible health. The COVID pandemic, severe drought, medication and equipment manufacturing and supply chain difficulties have made this goal particularly difficult. Still, 100% of your donations go toward this dream.

Global Health Partnerships

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