

Global Health Partnerships Annual Report

2024-25

Dedicated to high-quality healthcare for the underserved in Kenya



Global Health Partnerships (GHP) is a non-profit organization (501c3) that provides medical care and humanitarian aid to the very poor in rural Kenya with local community support in cooperation with the Kenyan Health Ministry. Our emphasis is on maternal and child health, child nutrition, and aid for the most impoverished families

Year in Review

Global Health Partnerships (GHP) has been providing health care and humanitarian aid in Kenya since September 2007. The Kenya project, centered at the **Kisesini Health Center**, consists of the Kisesini Health Center, a maternity center, and the community projects that focus primarily on village-based maternal and child health. The project serves a population of approximately 50,000. We also support special surgical treatment, performed in Kenya, for selected patients. This report covers the GHP fiscal year of July 1, 2024-June 30, 2025.

Governance

Board of Directors

Angelo Tomedi, MD, President, Albuquerque, New Mexico
Adrian Morris, Vice President, Socorro, New Mexico
Ruth Anne O'Keefe, MD, Secretary, Albuquerque, New Mexico
Rifka Stern, MD, Treasurer, Albuquerque, New Mexico
David Broudy, MPH, PhD, Albuquerque, New Mexico
Maria Cassimus, CPA, Albuquerque, New Mexico
Carolyn Ansell, CNM, MSN, Albuquerque, New Mexico
Mbarak Hussein, Albuquerque, New Mexico
Sav Sava, MD, Albuquerque, New Mexico
Antia Sanchez, RN, Albuquerque, New Mexico
Vincent Makau Nzomo, Corpus Christi, Texas



History of GHP in Kenya

The clinic in Kisesini was started by a Kenyan women's basket weaving co-op. The women saved some of their basket income to construct a rudimentary building in the village of Kisesini on donated land. GHP raised the funds to complete the facility and purchase equipment and supplies. As planned the clinic was designated a Government of Kenya (GOK) facility. GOK provides for the salaries of the nurses and some basic medicine and supplies. GHP supervises the training of a network of lay **Community Health Volunteers (CHVs)** who work in their villages to improve child health. This allows GHP to reach all who need care, no matter how remote. GHP purchases essential medicine and supplies, supports the laboratory and pharmacy on the campus, continues to train nurses and CHVs, and sends medical teams, when possible, to do volunteer work, teaching, and research. Now, with a beautiful new Maternity Center, the Kisesini Dispensary has been designated the **Kisesini Health Center**. This clinic serves the population of eastern Kenya. Since the US Agency for International Development, (USAID), has been closed, clinics no longer have access to medication to treat pneumonia, malaria, tuberculosis, or HIV/AIDS. Without GHP there would be no medications or materials for family planning. There would be no therapeutic food for treatment of malnutrition. There would be no infant formula for starving babies. GHP continues to be the perfect partnership including the Kenyan Health Ministry, the wonderful Kenyan nurses who deliver care full time, and the board and supporters of Global Health Partnerships.



Kisesini Health Center and Maternity Center

Since the beginning of GHP's work in 2007 we have supported outpatient clinical activities in the Kisesini Health Center. The providers of patient services are Kenyan nurses who are government employees, as is true in other public health care facilities. Doctors are in short supply and stay in the larger cities in larger hospitals. Our commitment to this project, which is central to our mission, is to ensure that quality, evidence-based medical care is provided. That translates into filling in large gaps in the Kenya government health care system. During fiscal year 2024 - 2025 (FY 24-25), four Kenyan nurses provided outpatient care in the Kisesini Health Center, attending to 70 - 100 patients daily. The same four nurses also conducted deliveries 24 hours a day, 7 days a week in the maternity center. The nurses are not nurse practitioners. Although committed to good patient care, they lack some of the knowledge and tools to provide it.



A GHP team of health professionals (physicians, nurses, and others) visited the site twice during the fiscal year to provide training and support for the nurses. Two physicians, Dr. Angelo Tomedi and Dr. Rifka Stern, attended to patients with the nurses to teach and advise them on the management of the wide variety of clinical problems that they encountered. During the time between our Kenya visits the physicians maintain communication about patient care and project issues by email.

The Kenya government has been providing some of the necessary medications and supplies, but their scheduled quarterly distributions have been delayed, sometimes not delivered at all, or the quantities are sorely inadequate. GHP purchased medications (e.g. antibiotics, pain medication, insulin, high blood pressure and seizure medication, among others) and supplies (e.g. intravenous fluids and needles, wound care supplies, antiseptics) at low cost from MEDS (Mission for Essential Drugs and Supplies), a Kenya faith-based organization. The \$12,230 paid to MEDS during the fiscal year was enough to purchase an adequate supply for the entire year. During the GHP visits Adrian Morris, GHP Vice-President, assessed the equipment function and needs, including the oxygen supply, and purchased more oxygen tanks. There were 229 deliveries in the Kisesini maternity center during FY 24-25. GHP purchased delivery kits, intravenous fluids, and medication to prevent and treat maternal hemorrhage (a leading cause of maternal death in Kenya). During the GHP visits, Adrian Morris and Dr. Tomedi taught newborn resuscitation classes for the nurses to improve their skills managing newborn complications. Adrian also gave the nurses donated resuscitation supplies and reviewed oxygen use for newborns.



Special Cases

The Ambulance Saves Lives

Ambulance transport of critically ill patients and women who need an emergency C-section for obstetric complications or a blood transfusion, is an important service provided by GHP. This service is unavailable in most of rural Kenya. The ambulance is also used for emergency patient transport from remote villages to Kisesini, for pickup and delivery of medication and supplies, and to reach the remote villages for outreach clinics. GHP purchased a Toyota Land Cruiser and modified it for use as an ambulance. The expenses required to maintain the ambulance, including repairs, fuel, ambulance driver salary, are a significant part of the GHP budget, but are necessary to provide this life-saving service. Some day, soon, this vehicle will need to be replaced.



Because the Kisesini Health Center has such a good reputation for delivering medical care, patients with complex medical and surgical problems come a great distance for help. Most of the cases have been orthopaedic, cardiac, and endocrine. Expenses for patients who require specialist care or surgery at major hospitals in Nairobi are now partially paid for by a government health insurance program. GHP's financial contribution to this care was less than \$2,000 this past year, thanks to the new insurance system. Our expertise is invaluable.

It is so gratifying to *cure* a child suffering from rickets. The first step is to recognize this vitamin D deficiency as the debilitating disease it is. The next step is to make sure Vitamin D and Calcium are available. Then watch the child grow strong and tall!



Outreach Clinics and HPV Vaccination Program



GHP supports outreach clinics that provide maternal and child health care for some of the most remote villages located in Mekilingi and Syokisinga sublocations. A Kisesini team travels to these two sublocations twice a month on weekends. Child immunizations are given, child nutrition is assessed and malnutrition is treated, and women are provided contraceptive services and prenatal care. For FY 24-25, a total of 1,083 children were seen for nutrition assessment and immunizations. There were 410 visits for family planning services.

Cervical cancer is the leading cause of cancer death in Kenyan women, and is preventable with HPV vaccination. The Kenya government has adequate supplies of the HPV vaccine, but immunization rates are very low. The Yatta subcounty (where the GHP project is located) Ministry of Health officers requested assistance from GHP to improve the vaccination rate. GHP funded a school-based effort to vaccinate the 10 to 14 year old girls. The schools in the GHP catchment area, and in neighboring regions of the subcounty, were visited by the Kenyan nurses, and 1,800 girls were vaccinated. The cost of the HPV vaccination campaign was \$2,400, or \$1.30 for each girl vaccinated. GHP will continue to fund this vaccination campaign every 2 years as funds allow.

Food and Education for the Poorest



During the GHP visits several infants were seen in clinic who were less than 6 months of age and breastfeeding were severely malnourished. We have since learned that other very young infants are being seen by the nurses with severe malnutrition. RUTF (e.g. Plumpy'nut®) cannot be given to infants who are that young. A formula called NAN was purchased in Kenya for these infants, and they have been doing well with this supplement. According to the subcounty nutrition officer, child malnutrition has been increasing substantially in Yatta subcounty (which includes the GHP catchment area). The nutrition officer has requested assistance from GHP for the purchase of RUSF (ready-to-use supplementary food, e.g, Plumpy'sup®) for the treatment of children with moderate acute malnutrition, who are not being treated due to a lack of supply of supplements. As of the end of FY 24-25, GHP has been considering this proposal, which will likely be approved if adequate funding is available.

In FY 24-25 GHP provided a monthly food distribution and paid school fees for the children of 27 of the poorest families. These are families with a single parent and often with no "breadwinner" as a source of income. Some are grandmothers caring for AIDS orphans and families with one or more malnourished children. Without GHP support, these children would not be able to attend school due to a lack of family funds for school fees. In addition to these 27 families, two GHP Board members provide scholarships for 30 secondary school students whose families are unable to afford the school fees.



Community Health Volunteers Newborn Visitation Program



Infant and child mortality remain quite high in Kenya. Almost 50% of childhood deaths occur during the first month of life (the neonatal period), and of those deaths, 80% occur in the first week of life. To address this problem, GHP trained a total of 58 Community Health Workers (CHWs), starting in 2011, to visit newborn infants during the critical first week of life to check for early signs of infection and counsel mothers about breast feeding and hygiene. The CHWs conduct three home visits during the first week of life, on day 1, day 3, and day 7. The CHWs are considered volunteers, but they are paid a “per diem” of 500 Kenya shillings (about \$4) for each newborn visit. During FY 24-25, the CHWs visited 2,100 infants. Serious illnesses, mostly infections, were found in 170 of those infants and were promptly treated. There were 3 infant deaths, which is a mortality rate of 1.4 per 1,000 live births. The most recent reported national early (7-day) neonatal mortality rate for Kenya was 17 per 1,000 live births. Therefore the mortality rate for the CHW-visited infants was only 8% of the the Kenya national mortality rate. During the Kenya visits the GHP teams replenished the education and supplies (thermometers, timers for counting the respiratory rate, headlamps) that are needed by the CHWs.



2024-25 Financial Review

GHP Income 2024-25

Individual, Business Contributions	113,994.39
PayPal Donations	17,827.30
Annual Fundraiser	7,000.00
Global Giving Donations	467.62
United Way Contributions	228.75
Miscellaneous Revenue	213.58
Dividend Income	10
Total	139,741.64

GHP Expenses 2024-25

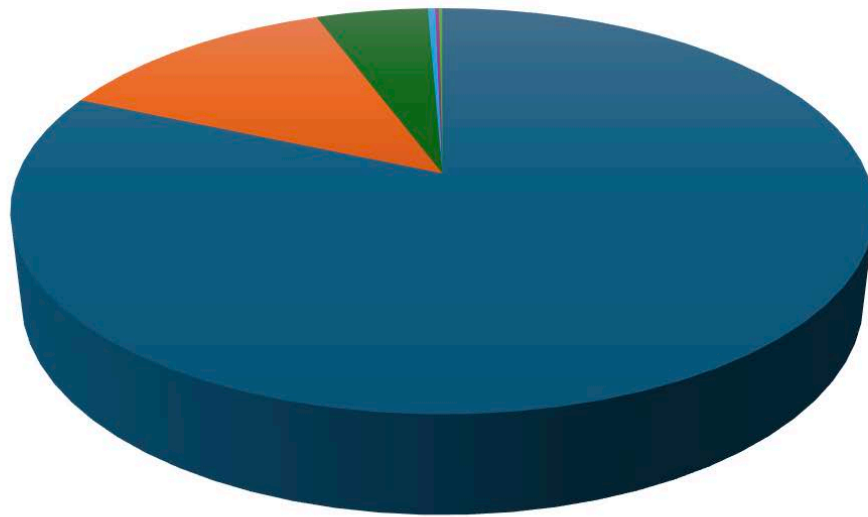
CHW Training - Newborn Project	26,175.93
School Expenses	15,328.79
Payroll Expenses	12,748.85
Medication Expenses	12,230.14
Food for Poor	7,187.35
Special Cases	2,798.03
Ambulance Repair and Insurance	2,335.77
Community Outreach Clinics	1,938.68
Miscellaneous	582.49
Postage, transfer expenses	274.00
Bank Fees	115.95
Ambulance Fuel	54.26
Total	83,881.03

Global Health Partnerships

Income 2024-25

Chart Area

GHP Fiscal Year 2024-25 Income



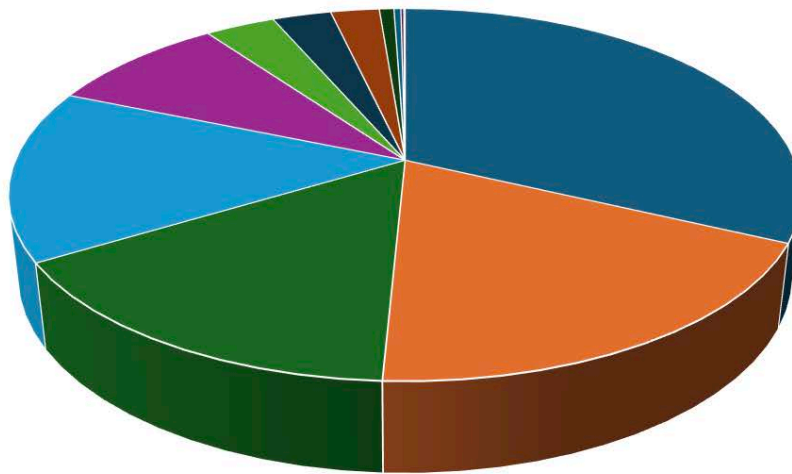
- Individual, Business Contributions
- PayPal Donations
- Annual Fundraiser
- Global Giving Donations
- United Way Contributions
- Miscellaneous Revenue
- Dividend Income

Global Health Partnerships Expenses

2024-25

Chart Area

GHP 2024-25 Expenses



- CHW Training - Newborn Project
- Medication Expenses
- Ambulance Repair and Insurance
- Postage, transfer expenses
- School Expenses
- Food for Poor
- Community Outreach Clinics
- Bank Fees
- Payroll Expenses
- Special Cases
- Miscellaneous
- Ambulance Fuel

Global Health Partnerships, Inc. 2024-25 Annual Report



GHP is a 501c3 non-profit organization.

Our dream is to expand the services we support at the Kisesini Health Center. We want every mother, child, and family within our service area to enjoy the best possible health. The closure of USAID, severe drought, medication and equipment manufacturing and supply chain difficulties have made this goal particularly difficult. Still, **100% of your donations go toward this dream.**

Global Health Partnerships

PO Box 4385

Albuquerque, NM 87196



Global Health Partnerships

PO Box 4385

Albuquerque, NM 87196